



Andrology Update

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The reduction in negative lifestyle choices of men attending for fertility investigations

Evaluation of surveys from men attending for semen evaluation at the Hull IVF Unit show that men are making positive lifestyle choices prior to IVF treatment.

In comparison to the regional average of 23% of men smoking, the Andrology Unit saw this cut to 14.4% so far in 2014. Likewise, of the 678 men surveyed, 17% stated that they do not consume alcohol, with the majority of men consuming less than 9 units a week. Furthermore, the Unit has witnessed an increase in vitamin and supplement administration from 24% in 2012 to 35% in 2014. If you would like further information on health and lifestyle advice then contact the Hull IVF Unit on 01482 382648 or hullivf@mail.com.

Points to remember – User guidance

To date in 2014 there has been an increase in the number of requests unsuitable for processing. Please remember:

- Infertility testing samples are to be taken *directly* to the Andrology department within one hour of production.
- Full identifying information is required on the request card:
 - Patient name
 - Date of birth
 - NHS number
 - GP name & surgery
 - Authorization signature
 - Test requested.

Patient Satisfaction

A recent survey of patients attending the Hull Andrology Unit indicated a positive response to the service.

All respondents rated the staff as very helpful, 88.9% had taken away information leaflets, with 55.6% aware of electronic information available. However, only 22.2% had visited the Hull Andrology website or Twitter feed.

