#### WINTER NEWSLETTER

# Andrology Update

The Hull Andrology Unit

The Women and Children's Hospital, Hull Royal Infirmary, Anlaby Road, Hull HU3 2JZ 01482 382648 <u>www.hullivf.org.uk</u> (Andrology and GP specific areas available)

#### Follow us on Twitter @hullandrology

## Sperm DNA fragmentation

At least 40% of infertility is due to male factor & many things may affect sperm quality e.g. stress, smoking, alcohol. A semen evaluation is useful identify to major variations in baseline parameters, but fails to identify the subtle defects that could influence success such as DNA damage. A high rate of sperm DNA damage is associated with an increased time to conception, higher miscarriage rates and recurrent pregnancy loss. Selecting sperm with minimal DNA damage could be a valuable tool for fertility success.

#### Online survey

Please could you take one minute of your time to complete our short online questionnaire found on: www.surveymonkey,com/r/gp hullandrology2016



### Fertility check up

The Hull IVF Unit offers a comprehensive range of fertility tests to give individuals or couples a full assessment of their current fertility and probability of conceiving in the future. It can offer peace of mind and could provide fast-track access to expert advice. Individuals or couples can refer themselves directly to the Unit and an appointment made for their chosen assessment.

*Prices range from £250 to £680 and all include a personal results package and the opportunity for support counseling.* 

#### Important notes for your diary – please pass these dates on to your patients!

#### Routes to parenthood

You will find members of the Hull IVF Unit team on hand at the Routes to parenthood show in Leeds on 10<sup>th</sup> April and in Nottingham on 24<sup>th</sup> April.

#### Open evening

There will be a Fertility Information evening held in Beverley on 14<sup>th</sup> April at Lempicka café – places are by booking only, please contact the unit.

LM.Feb 2016.v1.newsletter